

# Main Menu Fall - Winter



## HORS-D'OEUVRES

Assorted cheese and cracker tray

Caprese salad skewers (bocconcini, tomatoes and fresh basil)

Chicken/Turkey bites with Thai peanut sauce

Cranberry chicken salad on apple slices

Cucumber bite with cream cheese and tomato

Cucumber bites with smoked salmon & cream cheese

Devilled eggs

Fruit Platter

Gazpacho Shooters

Greek salad bites (pepper, tomato, feta and olive on a skewer)

Italian skewers (cured meat, cheese, with either olives, blueberry or pickled onions)

Meatballs in a wine reduction with cranberry sauce

Mini fish cakes

Mini tourtière (meat pies)

Pear and gorgonzola flatbread with fresh arugula pesto

Vegetables & dip or Mini crudité cups

Whipped Goat cheese and mixed berry topped with aged balsamic on our artisan crostini

## SALADS

### Broccoli & red pepper (v, gf)

Very colourful and flavourful salad. broccoli, red pepper, apples, pumpkin seeds topped with a house vinaigrette.

### Caesar (gf if omitting croutons)

A classic salad made with romaine lettuce, croutons, parmesan cheese, bacon, topped with our house caesar dressing.

### Chickpea (v, gf)

Chickpea salad is a delicious and nutritious salad made with chickpeas, diced tomatoes, cucumbers, red onions, bell peppers, parsley, mint, and a dressing of olive oil, lemon juice, and garlic. It is a great source of plant-based protein and fibre.

### Garden (v, gf)

Mixed greens, tomatoes, cucumbers, carrots, and house vinaigrette.

### German Potato (gf)

Red skinned potatoes, red onion, bacon, parsley, warm vinaigrette dressing.

### Greek (gf) or Greek Pasta

Fresh tomatoes, cucumbers, red onions, feta cheese, olives, and house dressing (pasta)

Our pasta salad is made with fresh vegetables, carrots, tomatoes, cucumbers, peppers, topped with your choice of a mayonnaise- based dressing or our house vinaigrette

### Roasted Beet (v, gf)

Our caramelized beets sit on a bed of either mixed greens or spinach, topped with goat cheese, oranges, red onions with a citrus dressing.

### Quinoa (v, gf)

Cooked Quinoa with carrots, tomatoes, cucumbers, peppers with our house dressing

### Winter Salad

Baby spinach, apple, creamy Gorgonzola cheese and candied walnuts that are crunchy, sweet and spicy.

### Sweet Potato Salad

Sweet potato—feta, dried cranberries, and red onions



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## MAIN ENTRÉE

*All mains served with your choice of garlic mashed or roasted garlic and herbed baby potatoes or Brown Sugar Roasted Sweet Potatoes and seasonal vegetables*

Baked chicken alfredo ziti

Beef tenderloin

Butternut squash lasagna with bolognese sauce or vegetarian

Chicken supreme stuffed with your choice of stuffing

Chicken with a creamy parmesan sauce, sun dried tomatoes, spinach, and fresh basil

Honey garlic chicken thighs

Italian wedding risotto with fresh meatballs

Roast New York striploin beef with Yorkshire pudding

Stuffed pork loin

Chickpea and lentil curry (V, GF)

Gourmet macaroni and cheese (V)

Green pea fritters (V)

Pasta with a tomato sauce (V, GF)

Risotto (GF)

## SAUCES

Béarnaise

Bordelaise

Creamy peppercorn

Creamy parmesan with Sun-dried tomato

Au jus

Beef gravy

Maple glaze

## CHARCUTERIE & GRAZING BOARDS

Grazing boards (vg or v)  
Priced per person - \$16.95  
Individual cups - \$7.95

Charcuterie board  
Priced per person - \$16.95  
Individual cups - \$7.95

## DESSERT

*All package options will be served with a dessert such as, squares, pies, cookies, cupcakes, cheesecakes with mason jar, etc.*

*\*Choices or substitution may occur and will be left to the discretion of Yummy Mummy's Kitchen. Unless specified by the client.*



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## STUFFED WITH...

*Supreme items can be stuffed with the following ingredients. This is chosen by our chef which you can find out about when you create your order. The chef chooses the stuffing based on seasonal vegetables and what will compliment the rest of the meal.*

**Stuffed with spinach,  
feta, bacon, apples, onions**

**Stuffed with peaches and pecans**

**Stuffed with ricotta and lemon**

**Stuffed with cranberry and apples**

## ADDITIONAL ITEMS

**Wedding 6" Cake**  
starting at: \$130.00

**Beverages - coffee & tea**  
\$2.50 per person

**Disposable plates, cups, utensils,  
napkins cutlery**  
\$3.50 per person

## PRICING

### Package 1

Choose 2 salads, all sides, 1 vegan entrée,  
1 protein entrée, dessert

\$39.95

### Package 2

Choose 2 hors d'oeuvres, 1 salad, 1 vegan entrée,  
1 main entrée and dessert

\$39.95

### Package 3

Choose 4 hors d'oeuvres, 2 salads, 1 vegan entrée,  
1 main entrée and dessert

\$42.95

### Package 4

Choose 4 hors d'oeuvres, 2 salads, 1 vegan entrée,  
2 main entrées and dessert

\$48.95

### Package 5

Choose 4 hors d'oeuvres, 2 salads, 2 vegan  
entrées OR  
6 hors d'oeuvres and 1 vegan entrée and  
2 main entrées and dessert

\$55.95



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